

Saline Removal Aftercare

The aftercare procedure is really important, it is as important as the treatment itself. The correct aftercare procedure is necessary to achieve the best results. If this is compromised in any way this will affect your healed result.

<u>Day 1</u>

- Wipe treated area with clean gauze or cotton pads with sterile saline solution (or cool boiled water), 3-4 times a day, 2 hours apart. Please ensure your hands are clean before doing this.
- Keep the treated area free from any makeup, ointments, lotions or potions.

<u>Day 2</u>

- Keep the treated area clean and dry.
- Do not use any makeup, ointments, lotions or potions.

Day 3

- Apply the healing membrane gel provided, every day. Use very sparingly, do not over saturate the area. Only a small, grain of rice size is to be used. If you feel the area getting saturated with the balm, skip a day. We need a fine balance between keeping them moist but not too moist, and not dry. Use your discretion but please do not over saturate the area with the balm.
- We do not want it to dry out too soon, nor be over saturated.
- Continue to use the balm in this way until you run out.

Do's and Don'ts

- DO NOT PICK THE TREATED AREA. Allow the area to flake naturally to lessen the risk of scarring and infection.
- Do not use sun beds and do not sunbathe for 2 weeks.
- Avoid steam baths, saunas, swimming pools for 2 weeks.
- Avoid any facial treatments for 3-6 weeks after your removal procedure.

- Do not exercise for 7 days after removal.
- Avoid facial or body massage for 7 days.
- Please keep in touch with your artist in 1-3 day intervals to update them about your skins condition.
- Please use the post procedure products prescribed by the artist.

If there is anything you would like to ask a question about, please don't hesitate to contact me. However, anything state in the pre-procedure and aftercare is totally normal, so don't worry.

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Tais Marsh x

