



Pre-Procedure Advice

NO TREATMENT TO BE PERFORMED ON PREGNANT OR BREAST-FEEDING LADIES, EVER.

PLEASE INFORM YOU TECHNICIAN OF ANY MEDICATIONS OR MEDICAL ISSUES (enter this information in the consultation form).

- Some residual swelling is normal for ALL procedures.
- The area may appear uneven, dry, itchy, tender, red and irritated. This is all 100% normal!
- DO NOT PICK.
- These symptoms will change each day and vary on an individual basis.
- Colour WILL fade/soften anywhere from 10%-50% or more.
- At the touch up (colour boost) I will fine tune any area that has faded too much.
- Healing is specific to each client.
- It is important to realise that you will need a colour boost every 1-2 years to maintain the fresh natural appearance.
- Due to the build-up of scar tissue, touch ups will not be done any sooner than 1 year unless the skin is really healthy.
- If they fade more than you like, it is ok to pencil or powder until your scheduled appointment. Only after the 2-week initial healing period!
- If you're out in the sun a lot, have oily skin, use anti-aging creams, retina/retinol products, acidic cleansers, natural elements, regular chemical peels, or exercise frequently, your permanent makeup will fade prematurely.
- The better you take care of the treated area and follow the provided aftercare, the longer it will last.
- As we age our skin changes. The permanent makeup WILL eventually look more powdered, this is universal with all permanent makeup procedures.
- Remember, no two sides of the face are the same. Perfection is my goal but note that nothing is PERFECT. I aim to make them as perfect on your individual face as I can. "They're sisters, not twins" is used universally in this field.
- Absolutely no water on the treated area, sun, sweating, exercise or exertion of any kind prior to the procedure or after the procedure for 2 weeks!
- No sun 30 days prior and 30 days after.
- Do not have a tan/sunburn on your brow area prior to touch up procedure.

- The tan will exfoliate, taking colour with it as it fades and will also heal the pigment DARKER than expected. If you show up to your appointment with a tan/sunburn, you will be required to reschedule. The determination if you are to tan will be up to your discretion.
- Do not work out the day of your procedure as the body heat expands the pores. It is recommended not to sweat (heavily) for the first 14 days after the procedure. Sweat is salt and will make the pigment prematurely fade, blur or cause the pigment not to take at all.
- Avoid direct shower water on the treated area after the procedure. Absolutely NOTHING on the treated area. No water, no makeup, lotions, pencil...etc. for 14 days. Avoid scrubbing the area for at least one month.
- Do not take Aspirin, fish oil, Coumadin, Vitamin E, and/or Ibuprofen; unless medically necessary, 48-72 hours prior to your procedure. Paracetamol is fine.
- Avoid sleeping on your face the first 14 days after your procedure.
- You have to be off Accutane (acne medication) for 1 year. No exceptions.
- You may not be a good candidate if you have oily skin, your results will appear softer (brows can look more powdered instead of hair strokes).
- Dark skin types, please note that your permanent makeup will not look as bold as on lighter skin types. It will look more solid/powdered.
- Avoid alcohol or caffeine the day before and the day of the procedure, this will minimise any oozing/bleeding or swelling after the procedure.
- Smoking WILL cause premature fading and anaesthetics will not last as long.
- Getting a procedure while you're on your menstrual cycle can make you hyper-sensitive at the procedure site.
- No swimming until the area is completely healed. Salt/water/chlorine will cause the pigment to fade or change in colour. It is also recommended to apply Vaseline to the treated area prior to swimming after healing to prevent the salt/water/chlorine from penetrating the area.
- Only touch the treated area with squeaky clean hands during the healing process.
- DO NOT RUB, SCRATCH OR PICK AT THE TREATED AREA. Let any scabbing, flaking or dry skin naturally exfoliate of. Picking can cause scarring or infection.
- If you like, you can come to your appointment with your brows pencilled in how you like them.
- If you get your brows waxed/tinted, please have this done at least 7 days prior to your scheduled appointment. It is recommended you wait at least 14 days after to have them waxed and 30 days after for tinting.
- Regular makeup can be worn immediately after your procedure, just not on the treated area until healed.
- Absolutely nothing on the brows! No water, no makeup, no lotions, no pencil etc. for 10-14 days.
- The brows will appear bolder immediately after the procedure. This is common in all permanent makeup applications. It will begin to soften up typically within 3-30 days.
- When choosing a colour, it is recommended to choose a lighter colour until we see the healed results. We can always go darker at the touch up, not lighter!
- Hair strokes will appear crisp and bold at first, but will soften up in appearance as the tissue heals, the area will shed, taking some colour with it, this is normal! The colour will begin to oxidise and darken over the first month.
- DO NOT PICK!

- Previously done brows may take 1-3 treatments to achieve the desired result. Scar tissue in the brow area of the eyebrows done multiple times WILL require additional procedures and fees will apply.
- Red heads, blondes and fair skin types will experience more swelling, redness and fading than darker skin types.
- Healed final results is dependent on skin and aftercare.
- Lip Blush can be performed on lips that have fillers, but please leave a 4-week window to allow healing.
- The same goes for Botox on the forehead. Please if having Botox, leave 4-week window so it settles and heals.
- If you suffer with cold sores and want Lip Blush, please contact me immediately for further information on how to lessen these flaring up.

I know there is a lot to read but don't worry. Any questions you have, don't hesitate to contact me. The cycle generally from start to finish is 8 weeks – first application, heal for 6 weeks, second application and heal for 2 weeks and done! So please bear that in mind when booking your appointment. Again, any queries, please don't hesitate to contact me, looking forward to seeing you!

Tais Marsh x

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